

St. Elias Antiochian Orthodox Christian Church

V. Rev. Fr. Elias Nasr

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For Liturgy Names & Coffee Hour email the above

Saturday: Vespers at 4:30 PM followed by confession

Sunday: Orthros at 9:30 AM & Divine Liturgy at 10:30 AM

Check out our website @ www.sainteliasny.com

ST. ELIAS
ANTIOCHIAN CHRISTIAN ORTHODOX CHURCH

MARCH 15, 2020

**HIS EMINENCE METROPOLITAN JOSEPH, ARCHBISHOP OF NEW YORK AND
METROPOLITAN OF ALL NORTH AMERICA**

**HIS GRACE BISHOP ALEXANDER, AUXILIARY BISHOP OF THE DIOCESE OF
OTTAWA , UPSTATE NEY YORK AND EASTERN CANADA**

**V. REV. FR. ELIAS NASR, PASTOR
DEACON NICHOLAS MAHSHIE**

CHURCH: (315) 488-0388

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'DISCIPLES FIRST CALLED THEMSELVES CHRISTIANS N ANTIOCH.' ACTS 11:26

TONE 6/ EOTHINON 6

MARTYR AGAPIOS OF PALESTINE AND THOSE WITH HIM; APOSTLE ARISTOBOULOS OF THE SEVENTY, FIRST BISHOP OF BRITAIN; NEW-MARTYRS MANUEL OF CRETE AND PARTHENIOS

WELCOME!

We welcome all of our visitors who are praying with us today. We are eager to share with you our spiritual treasures, and invite you to join us for coffee-hour in the Fellowship Hall following the Divine Liturgy. If you are a first-time visitor, please take a few minutes to sign our Guest Registry book and complete the white VISITORS INFORMATION CARD which may be found in the Narthex, and return it to an usher. As a friendly reminder, **only Orthodox Christians who have properly prepared themselves through fasting, prayer and recent Confession may approach the Holy Chalice to receive Holy Communion. However all may come forward at end of Liturgy and receive blessed Holy Bread.** We look forward to meeting you and welcoming you personally to St. Elias. If you have any questions, please see Fr. Elias.

أهلاً بكم!

نرحب بجميع زوارنا الذين يصلون معنا اليوم ونحرص على مشاركتكم في كنوزنا الروحية، وندعوكم للانضمام إلينا لتناول القهوة معنا في قاعة الكنيسة بعد القداس الإلهي. إذا كانت هذه أول زيارة لكم، يرجى أخذ القليل من الوقت لتوقيع سجل الزوار واستكمال بطاقة معلومات الزوار البيضاء والتي توجد في صحن الكنيسة، وإعادتها إلى أحد مرشدي الكنيسة. وكتذكير ودي، يُسمح فقط للمسيحيين الأرثوذكس الذين أعدوا أنفسهم بشكل صحيح من خلال الصوم والصلاة واعتراف من زمن قريب بالاقتراب من الكأس المقدسة لتناول القربان المقدس. ولكن يُسمح للجميع الاقتراب في نهاية القداس لاستلام الخبز المقدس المبارك. ونحن نتطلع للقاءكم والترحيب بكم شخصياً في كنيسة مار الياس. يرجى توجيه الأسئلة إلى الأب الياس مباشرة.

WORSHIPPING THE ALL-HOLY GOD

Isaiah 57:15

For thus says the high and lofty One who inhabits eternity, whose name is Holy: "I dwell in the high and holy place, and also with him who is of contrite and humble spirit,

- If it is accompanied by deeds well-pleasing to God, fasting makes man a light among people and a chosen vessel of the glory of God.
- Fasting represents a source of sacred zeal for God.
- We fast because we love Christ our Lord and we wish to be nourished more with the word of the Gospel, with the word of the Holy Scripture, with the words we hear at every divine service and to strengthen our prayer in order to grow spiritually.
- Fasting is also the sign that a believer wishes to become free of the greed of limited, transient, material things in order to more intensely become more united with the unlimited and eternal God through prayer.
- True fast aims at raising man above earthly, material goods in order to receive heavenly, spiritual goods, thus uniting himself with the Heavenly God, the Source of life and of eternal joy in the Kingdom of Heaven, through prayer and partaking more often of the Holy Communion.
- There is not only a material fast, but also a spiritual one, the fasting of the eyes, the tongue, and heart.
- Fasting supports the prayer of a believer who considers his connection with God as the centre, the light, and the nourishment of his soul.
- True fasting produces a change of man's way of being, a shift from greed or passionate love of material things to the love of spiritual things, to cultivate prayer more intensely, which is a communion of love with the immaterial, unlimited, and eternal God.
- The heart or soul of a man who fasts acquires the freedom to continually enrich himself from the infinite and eternal love of God.
- A spiritual man, who prays and fasts, being enlightened by the grace of Christ, acquires a spiritual reasoning and sight, uses spiritual words and performs spiritual deeds, thus resembling the Saints of God.
- Fasting is a spiritual state of sacrifice or offering, a state cultivated freely and according to personal ability.

Orthodox Christian and across the globe are entering Lent, the season of preparation before Easter. The 40 day period sees many Christians partake in a season of moderation, meditation, fasting, prayer and repentance. The exercises in discipline are undertaken to allow believers time to reflect on the life, words and sacrifices of our Saviour Jesus Christ.

For those embarking on the annual Lenten journey, we've gathered 40 quotes of His Beatitude Patriarch Daniel about fasting, spiritual growth and the power of prayer.

Here are a few:

- We do not fast in order to be seen or praised by people, we fast in order to draw nearer to God.
- Fasting is our offering brought to God, a self-offering brought to God as gratitude and desire to sanctify our life (Romans 12:1).
- We fast because we love God more than His material gifts that we consume.
- Fasting is man's offering of love brought to God.
- He who fasts, but does not pray, gathers no spiritual light in his soul, thus practicing a simple biological and psychological exercise, motivated by hygiene or aesthetics.
- True fast is not only to abstain from foods of animal origin, but also to abstain from every material greed and desire to selfishly dominate others, a self-control over every thought, word, or deed that diminishes the love of God and our neighbor.
- True fast must be combined with humility and joy in order to become an interior, intimate, spiritual work of personal communion between man and God, Who mystically and silently observes the soul and the deeds of the sacrificial, praying and fasting behavior.
- Through fasting we spiritually take part in our Saviour's 40 day fast in the wilderness. No one can fight against evil spirits and dark, selfish passions, without first acquiring the light of the divine grace through fasting and prayer.
- Especially during the fasting season we are called to correct the behavior or attitude of our inner Old Adam, by not blaming others for our sins, but acknowledging and weeping for our sins, by judging ourselves in the Holy Sacrament of Repentance or Confession to receive forgiveness of sins and to partake of Christ's holy love offered in the Holy Eucharist.

to revive the spirit of the humble, and to revive the heart of the contrite."

PRAYER ON ENTERING THE CHURCH

I WILL COME INTO THY HOUSE IN THE MULTITUDE OF THY MERCY: AND IN THY FEAR I WILL WORSHIP TOWARD THY HOLY TEMPLE. Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before me, that with a clear mind I may glorify thee forever, One Divine Power worshipped in three Persons: Father, Son and Holy Spirit. Amen.

PRAYER ON LEAVING THE CHURCH

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people: a light to lighten the Gentiles, and the glory of thy people Israel.

CHURCH ETIQUETTE

O Lord, sanctify those who love the beauty of your house.

When you enter the church, please remember that the church is a place of worship. Please do not disturb others as they worship God. **PLEASE TURN OFF ALL CELL PHONES.**

**SECOND SUNDAY OF GREAT LENT
COMMEMORATION OF GREGORY PALAMAS, ARCHBISHOP
OF THESSALONICA**

****DIVINE LITURGY OF ST. BASIL THE GREAT****

During the Little Entrance:

RESURRECTIONAL APOLYTIKION IN TONE SIX

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

Entrance Hymn:

O come let us worship and fall down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee: Alleluia

الايصوذيكون

هلم لنسجد ونركع للمسيح ملكنا والهنا، خلصنا يا ابن الله يا من قام من بين الاموات، لنرتل لك هلوليا.

After the Little Entrance:

RESURRECTIONAL APOLYTIKION IN TONE SIX

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إِنَّ الْفُؤَاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَزِيمَ وَقَفْتَ عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ، فَسَبَّيْتَ الْجَحِيمَ وَلَمْ تُجْرَبِ مِنْهَا، وَصَادَقْتَ الْبَتُولَ مَانِحًا الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ

الأموات، يا ربَّ المَجْدُ لَكَ.

APOLYTIKION FOR ST. GREGORY PALAMAS IN TONE EIGHT

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

يا كوكبَ الرّأي القويم، وثبات الكنيسة ومعلمها، وجمال المتوحدين، ومناضلاً عن المتكلمين باللاهوت، الذي لا يُحارب، غريغوريوس الفاعل المعجزات، فخر تسالونيكية وكاروز النعمة. لا تنفك مُتشفعاً في خلاص نفوسنا.

TROPARION OF THE PATRON SAINT OF THE CHURCH TONE 4:

O Angelic of body the founder and corner stone of the prophets, the second forerunner of the advent of Christ, O Elias, venerable and glorious, thou didst send grace from heaven to thy disciple Elisha to dispel diseases and to purify lepers wherefore he abounds with healing to all those who honor him.

أيها الملاك بالجسم قاعدة الأنبياء وركنهم، السابق الثاني لحضور المسيح، إلياس المجيد الموقر، لقد أرسلت النعمة من العلى لأليشع ليطرد الأقسام ويطهر البرص، لذلك يُفيض الأشفية بمكرميته دائماً"

KONTAKION FOR SUNDAYS IN GREAT LENT (AND AKATHIST SATURDAY) IN TONE EIGHT

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

إني أنا عبدك يا والدة الإله أكتبُ لكِ رايات الغلبة يا جنديةً مُحاميةً وأقدمُ لكِ الشكرَ كمُنقذةٍ من الشدائد لكن بما أن لك العزة التي لا تُحارب أعنقيني من صنوف الشدائد حتى أصرخ إليك: إفرحي يا عروساً لا عروس لها.

Today's Reader : Anna Jabaji (English), Violette Humsi (Arabic)

Priest: Let us attend.

Reader: O Lord, Thou wilt preserve us and keep us from this generation. Save me, O Lord, for the godly man hath disappeared.

Priest: Wisdom

Reader: The Reading from the Epistle of St. Paul to the Hebrews. (1:10-2:3)

(For Second Sunday of Lent)

Priest: Let us attend.

Reader: "In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the

DONATIONS NEEDED BY ST. ELIAS CHURCH

FOR HOLY WEEK

Mark your choice with an X. Deadline is April 5, 2020

Altar Bread of Lazarus Saturday Liturgy _____

Palms & Altar Bread for Palm Sunday _____

Altar Bread for Holy Thursday _____

Flowers to decorate the Tomb of Christ (Great Friday) _____

Holy Friday Epitaphios Candles _____

Altar Wine for Eucharist _____

Incense and Charcoal _____

Easter Eggs _____

Easter Flowers for Iconostasis (minimum donation \$25.00 each) _____

PLEASE PRINT NAMES

Given for the health of _____

In Memory of _____

From _____

Donation _____

Please make check payable to **St. Elias Church** and give to Faris Sousou no later than April 5,2020

Schedule For Lenten Services (2020)

Sun.	March 15	6:00pm Sunday of Lent St Gregory Palamas Vespers at St. Elias Orthodox Church Preaching-Fr. George Goodge-St. George- New Hartford
Wed.	March 18	5:30pm Pre-sanctified Liturgy
Fri.	March 20	7:00pm 3rd Akathist (Madayeh)
Sun.	March 22	6:00pm Feast of the Cross Vespers at St. Peter and Paul Orthodox Church Preaching- Fr. Gregory Murphy-St. Michael-Geneva
Tues.	March 24	6:00pm Great Vespers
Wed.	March 25	6:00pm Feast of Annunciation, Vespers Liturgy
Fri.	March 27	7:00pm 4 th Akathist (Maydeh)
Sun.	March 29	6:00pm 4 th Sunday of Lent St. John Climacus Vespers at St. Luke Ukrainian Orthodox Church Preaching-Fr. Peter Buntsky-Holy Transfiguration
Wed.	April 1	5:30pm Pre-sanctified Liturgy
Thurs.	April 2	7:00pm Little Compline Canon of St. Andrew
Fri.	April 3	7:00pm 5th Akathist (Madayeh)
Sun.	April 5	6:00pm 6th Sunday of Lent St. Mary of Egypt Vespers at Holy Transfiguration Preaching- Metropolitan JOSEPH (Greek Archdiocese)
Wed.	April 8	5.30pm 6th Pre-sanctified
Fri.	April 10	7:00pm Compline with Canon of the Raising of Lazarus
Sat.	April 11	10:00am Lazarus Saturday Liturgy
Sun.	April 12	Palm Sunday

*Other Services Will Be Announced

PRAYER OF ST. EPHRAIM THE SYRIAN

(WHICH IS SAID AT THE SERVICES DURING LENT)

O LORD AND MASTER OF MY LIFE, TAKE FROM ME THE SPIRIT OF SLOTHFULNESS,
FAINT HEARTEDNESS, LUST OF POWER AND IDLE TALK.

BUT GIVE ME RATHER THE SPIRIT OF
CHASTITY, HUMILITY, PATIENCE AND LOVE TO THY SERVANT.

YES, O LORD AND KING, GRANT ME TO SEE MY OWN SINS AND NOT TO JUDGE MY BROTHERS,
FOR YOU ARE BLESSED UNTO AGES OF AGES. AMEN.

same, and Thy years will never end." But to what angel has He ever said, "Sit at My right hand, until I make Thine enemies a stool for thy feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

أَنْتَ يَا رَبُّ تَحْفَظُنَا وَتَسْتُرُنَا

خَلَّصْنِي يَا رَبُّ فَإِنَّ الْبَارَّ قَدْ فَنِيَ

فَصَلِّ مِنْ رِسَالَةِ الْقَدِّيسِ بُولْسِ الرِّسُولِ إِلَى الْعِبْرَانِيِّينَ

"أَنْتَ يَا رَبُّ فِي الْبَدَأِ أَسَّسْتَ الْأَرْضَ، وَالسَّمَاوَاتُ هِيَ صُنْعُ يَدَيْكَ هِيَ تَزُولُ وَأَنْتَ تَبْقَى وَكُلُّهَا تَبْلَى
كَالثُّوبِ وَتَطْوِيهَا كَالرِّدَاءِ فَتَنْعَيَّرُ، وَأَنْتَ أَنْتَ وَسِنُوكَ لَنْ تَقْنَى" وَلِمَنْ مِنَ الْمَلَائِكَةِ قَالَ قَطُّ "اجْلِسْ عَنْ
يَمِينِي حَتَّى أَجْعَلَ أَعْدَاءَكَ مَوْطِنًا لِقَدَمَيْكَ"؟ أَلَيْسُوا جَمِيعُهُمْ أَرْوَاحًا خَادِمَةً تُرْسَلُ لِلْخِدْمَةِ مِنْ أَجْلِ الَّذِينَ
سَيَرْتُونِ الْخَلَاصَ؟ فَلِذَلِكَ يَجِبُ عَلَيْنَا أَنْ نُصْغِيَ إِلَى مَا سَمِعْنَاهُ إِصْغَاءً أَشَدَّ لئَلَّا يَسْرَبَ مِنْ أَدْهَانِنَا فَإِنَّهَا
إِنْ كَانَتْ الْكَلِمَةُ الَّتِي نُطَقُ بِهَا عَلَى أَلْسِنَةِ مَلَائِكَةٍ قَدْ تَبَيَّنَتْ، وَكُلُّ تَعَدُّ وَمَعْصِيَةٍ نَالَ جَزَاءً عَدْلًا فَكَيْفَ
نُفَلِّتُ نَحْنُ إِنْ أَهْمُنَا خَلَاصًا عَظِيمًا كَهَذَا؟ قَدْ ابْتَدَأَ النُّطْقُ بِهِ عَلَى لِسَانِ الرَّبِّ، ثُمَّ تَبَيَّنَتْ لَنَا الَّذِينَ سَمِعُوهُ.

Priest: Peace be to you Reader.

PLEASE STAND!

Alleluia! Alleluia! Alleluia!

Next Sunday's Reader: Rima Nasr (English) Eva Philips (Arabic)

Priest: The Reading from the Holy Gospel according to St. Mark. (2:1-12)

(Second Sunday of Lent)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" – He said to the paralytic – "I say to you, rise, take up your pallet and go home." And he

rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

فَصَلِّ شَرِيفًا مِنْ بَشَارَةِ الْقِدِّيسِ مَرْفُوسِ الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّمْلِيذِ الطَّاهِرِ (12-1:2)

في ذلك الزَّمانِ، دَخَلَ يَسُوعُ كَفَرْنَاحُومَ وَسَمِعَ أَنَّهُ فِي بَيْتِ فَلِوْقَتِ اجْتَمَعَ كَثِيرُونَ، حَتَّى أَنَّهُ لَمْ يَعُدْ مَوْضِعًا وَلَا مَا حَوْلَ الْبَابِ يَسَعُ، وَكَانَ يُخَاطِبُهُمْ بِالْكَلِمَةِ فَأَتَوْا إِلَيْهِ بِمُخَلِّعٍ يَحْمِلُهُ أَرْبَعَةً وَإِذْ لَمْ يَقْدِرُوا أَنْ يَقْتَرِبُوا إِلَيْهِ لِسَبَبِ الْجَمْعِ، كَشَفُوا السَّقْفَ حَيْثُ كَانَ. وَبَعْدَ مَا تَقَبَّوهُ، دَلُّوا السَّرِيرَ الَّذِي كَانَ الْمُخَلِّعُ مُضْطَجِعًا عَلَيْهِ فَلَمَّا رَأَى يَسُوعُ إِيمَانَهُمْ، قَالَ لِلْمُخَلِّعِ: "يَا بَنِيَّ، مَغْفُورَةٌ لَكَ خَطَايَاكَ" وَكَانَ قَوْمٌ مِنْ الْكُتَّابَةِ جَالِسِينَ هُنَاكَ يُفَكِّرُونَ فِي قُلُوبِهِمْ "مَا بَالُ هَذَا يَتَكَلَّمُ هَكَذَا بِالتَّجْدِيفِ؟ مَنْ يَقْدِرُ أَنْ يَغْفِرَ الْخَطَايَا إِلَّا اللَّهُ وَحْدَهُ؟" فَلِوْقَتِ عَلِمَ يَسُوعُ بِرُوحِهِ أَنَّهُمْ يُفَكِّرُونَ هَكَذَا فِي أَنْفُسِهِمْ، فَقَالَ لَهُمْ: "إِمَّاذَا تُفَكِّرُونَ بِهَذَا فِي قُلُوبِكُمْ؟ مَا الْأَيْسَرُ أَنْ يُقَالَ "مَغْفُورَةٌ لَكَ خَطَايَاكَ" أَمْ أَنْ يُقَالَ "قُمْ وَاحْمِلْ سَرِيرَكَ وَامْشِ"؟ وَلَكِنْ لِكَيْ تَعْلَمُوا أَنَّ ابْنَ الْبَشَرِ لَهُ سُلْطَانٌ عَلَى الْأَرْضِ أَنْ يَغْفِرَ الْخَطَايَا (قَالَ لِلْمُخَلِّعِ) "لَكَ أَقُولُ، قُمْ وَاحْمِلْ سَرِيرَكَ وَادْهَبْ إِلَى بَيْتِكَ" فَقَامَ لِلْوَقْتِ وَحَمَلَ سَرِيرَهُ وَخَرَجَ أَمَامَ الْجَمِيعِ، حَتَّى دَهَشَ كُلُّهُمْ وَمَجَّدُوا اللَّهَ قَائِلِينَ "مَا رَأَيْنَا مِثْلَ هَذَا قَطُّ".

ST. BASIL LITURGY MEGALYNARION (IN-AL BARRAYA)

In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

إِنَّ الْبَرَايَا بِأَسْرَهَا، تَفْرَحُ بِكَ يَا مُمْتَلِئَةً نِعْمَةً: مَحَافِلَ الْمَلَائِكَةِ، وَأَجْنَاسَ الْبَشَرِ. أَيُّهَا الْهَيْكَلُ

الْمُتَقَدِّسُ، وَالْفِرْدَوْسُ النَّاطِقُ، فَخِرُ الْبَنُوَلِيَّةِ مَرِيَمَ، الَّتِي مِنْهَا تَجَسَّدَ الْإِلَهُ، وَصَارَ طِفْلًا، وَهُوَ إِلَهُنَا الَّذِي قَبْلَ الدُّهُورِ. لِأَنَّهُ صَنَعَ مُسْتَوْدَعَكَ عَرَشًا، وَجَعَلَ بَطْنَكَ أَرْحَبَ مِنَ السَّمَاوَاتِ. لِذَلِكَ يَا مُمْتَلِئَةً نِعْمَةً، تَفْرَحُ بِكَ كُلُّ الْبَرَايَا وَتُمَجِّدُكَ.

Koinonikon (Communion Hymn)

Praise ye the Lord from the Heavens; praise ye Him in the highest. Alleluia, Alleluia, Alleluia

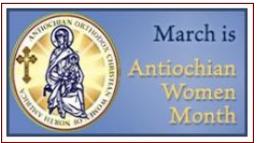
Semonette- Layla El Amir

Next Week- Vicki Hodge

Ushers- Kathy Fedrizzi and Maha Essi

Next Week- Lulu Abdo and Louise Gantos

March is Antiochian Women's Month.
The women of our church will be ushering, reading the Epistle and giving Sermonettes.



ANNOUNCEMENTS

- **The Holy Bread of Oblations today is being offered by the Khabbaz family** for spiritual and physical well being of Violette Khabbaz, Waleed, Rawan and Laith Khabbaz, Manar, Frank, Audrianna and Andrew Dalleo, Fady, Jacqueline and Lucas Khabbaz. **Also being offered in loving memory of** Philip Khabbaz, Fouad Khabbaz, Nasri Khabbaz, Bader Khabbaz, Joseph Khabbaz, Jamil Nammoura, William Khabbaz, Marie Khabbaz. May their memories be eternal.
- **Today is the 1 year memorial service for Philip Khabbaz** being offered by his wife Violette Khabbaz. May his memory be eternal.
- **Please pray for all the sick** and suffering, hospitalized and shut-ins of our community, especially, James Khammar, Mimi Daniel, Violette Humsi, Salwa Makhoul, Joseph Jacobs, Evelyn Gabriel, Nabeeha Mahshie, Corrine Whitworth, Steven Kammar.
- **SUNDAY HOLY BREAD SPONSORS:** Mar. 22nd Clair Abdo; Mar. 29th Azar family, memorial for George Haddad; Apr. 5th OPEN; Apr. 12th Palm Sunday- Rezak Family; Apr. 19th PASCHA.
- **THE COFFEE SPONSOR CHART FOR 2020** is posted by the coat rack. Please take the time to check the dates and sign up for a Sunday.
- **For Announcements, Oblations and Trisagions for the Bulletin**, the deadline is Tuesday evening. Please send your emails to church: steliasny@aol.com and to Sheila: sahmaz@twcny.rr.com
- **Please keep your church pledges up-to-date.** We thank all those who have increased their offering. May God reward you with abundance.
- **Cornerstone Deadline-** As soon as possible please! Send your articles to church steliasny@aol.com and to Diane at dianesauro@gmail.com
- **SAVE THE DATES: Festival dates July 9,10,11,12**

SCHEDULE/DATES TO REMEMBER

Sunday	3/15	2nd Sunday of Lent St Gregory Palamas Vespers @ St. Elias Church @ 6:00 pm
Monday	3/16	Great Compline @ 7:00 pm
Wednesday	3/18	Pre-sanctified Liturgy @ 5:30 pm
Wednesday	3/18	Parish Council Meeting @ 7:00 pm
Friday	3/20	Stasis of Akathist @ 7:00 pm
Saturday	3/21	Festival Cooking-Mammoul @ 10:00 am

Food for Hungry Boxes

Please pick one up and take it with you.
You will also find a Food for the Hungry calendar in the bulletin.

