

*St. Elias Antiochian Orthodox Christian Church*

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**For Liturgy Names & Coffee Hour** email the above

**Saturday:** Vespers at 4:30 PM followed by confession

**Sunday:** Orthros at 9:30 AM & Divine Liturgy at 10:30 AM

**Check out our website @ [www.sainteliasny.com](http://www.sainteliasny.com)**

## ST. ELIAS

### ANTIOCHIAN CHRISTIAN ORTHODOX CHURCH

APRIL 7, 2024

HIS EMINENCE METROPOLITAN SABA, ARCHBISHOP OF NEW YORK AND  
METROPOLITAN OF ALL NORTH AMERICA

HIS GRACE BISHOP ALEXANDER, AUXILIARY BISHOP OF THE DIOCESE OF  
OTTAWA , UPSTATE NEY YORK AND EASTERN CANADA

REV, FR. MICHAEL IBRAHIM  
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'DISCIPLES FIRST CALLED THEMSELVES CHRISTIANS IN ANTIOCH.' ACTS 11:26

## THIRD SUNDAY OF GREAT LENT

### VENERATION OF THE PRECIOUS AND LIFE-GIVING CROSS

MARTYR KALLIOPIOS OF CILICIA; REPOSE OF TIKHON, PATRIARCH  
OF MOSCOW AND ENLIGHTENER OF NORTH AMERICA

\*\*DIVINE LITURGY OF ST. BASIL THE GREAT\*\*

#### TONE 3/ EOTHINON 1 I

#### PRAYER ON ENTERING THE CHURCH

I WILL COME INTO THY HOUSE IN THE MULTITUDE OF THY MERCY: AND IN THY FEAR  
I WILL WORSHIP TOWARD THY HOLY TEMPLE. Lead me, O Lord, in thy righteousness  
because of mine enemies; make thy way straight before me, that with a clear mind I  
may glorify thee forever, One Divine Power worshipped in three Persons: Father, Son  
and Holy Spirit. Amen.

#### CHURCH ETIQUETTE

**O Lord, sanctify those who love the beauty of your house.**

When you enter the church, please remember that the church is a place of worship.  
Please do not disturb others as they worship God.

#### PLEASE TURN OFF ALL CELL PHONES.

#### TROPARION OF THE PATRON SAINT OF THE CHURCH TONE 4:

O Angelic of body the founder and corner stone of the prophets, the second forerunner  
of the advent of Christ, O Elias, venerable and glorious, thou didst send grace from  
heaven to thy disciple Elisha to dispel diseases and to purify lepers wherefore he  
abounds with healing to all those who honor him.

أيها الملاك بالجسم قاعدة الأنبياء وركنهم، السابق الثاني لحضور المسيح، إلياس المجيد الموقر، لقد

أرسلت النعمة من العلى لأليشع ليطرد الأسقام ويظهر البرص، لذلك يُفيض الأشفية بمكرميته دائماً"

#### WELCOME!

We welcome all of our visitors who are praying with us today. We are eager to share with you our spiritual treasures, and invite you to join us for coffee-hour in the Fellowship Hall following the Divine Liturgy. If you are a first-time visitor, please take a few minutes to sign our Guest Registry book and complete the white VISITORS INFORMATION CARD which may be found in the Narthex, and return it to an usher. As a friendly reminder, **only Orthodox Christians who have properly prepared themselves through fasting, prayer and recent Confession may approach the Holy Chalice to receive Holy Communion. However all may come forward at end of Liturgy and receive blessed Holy Bread.** We look forward to meeting you and welcoming you personally to St. Elias. If you have any questions, please see Fr. Michael.

أهلاً بكم!

نرحب بجميع زوارنا الذين يصلّون معنا اليوم ونحرص على مشاركتكم في كنوزنا الروحية، وندعوكم للانضمام إلينا لتناول القهوة معنا في قاعة الكنيسة بعد القداس الإلهي. إذا كانت هذه أول زيارة لكم، يرجى أخذ القليل من الوقت لتوقيع سجلّ الزوّار واستكمال بطاقة معلومات الزوّار البيضاء والتي توجد في صحن الكنيسة، وإعادتها إلى أحد مُرشدي الكنيسة. وكتذكير وديّ، يُسمح فقط للمسيحيين الأرثوذكس الذين أعدّوا أنفسهم بشكل صحيح من خلال الصوم والصلاة واعتراف من زمن قريب بالاقتراب من الكأس المقدسة لتناول القربان المقدس. ولكن يُسمح للجميع الاقتراب في نهاية القداس لاستلام الخبز المُقدس المُبارك. ونحن نتطلع للقائكم والترحيب بكم شخصياً في كنيسة مار إلياس. يرجى توجيه الأسئلة إلى الأب مايكل مباشرةً.

#### PRAYER ON LEAVING THE CHURCH

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people: a light to lighten the Gentiles, and the glory of thy people Israel.

#### ANNOUNCEMENTS

- **The Holy Bread of Oblations today is being offered by the Antiochian Women** for the spiritual and physical wellbeing of the Antiochian Women of St. Elias. **Also being offered in loving memory of** the departed members of the Antiochian Women of St. Elias. **May their memories be eternal.**
- **Please pray for all the sick** and suffering, hospitalized and shut-ins of our community, especially Rana, Shadi, Simon Abboud, Janet Saba, Siham Ayoub, Salwa Makhoulouf, Kawthar Shomar, Elias Shamieh, Nada Tadros, Evelyn Gabriel.
- **Please pray for all those** who have suffered and lost loved ones in Palestine and the Middle East.

## Venerable Zosimas of Palestine

Commemorated on [April 4](#)

Saint Zosimas was born near the end of the fifth century, and lived in a monastery by the Jordan River. He met Saint Mary of Egypt (April 1), gave her Holy Communion, then buried her.

Saint Zosimas lived to be one hundred years old, then fell asleep in the Lord around 560.



## Holy Virgin Martyr Theodosia of Tyre

Commemorated on [April 3](#)

Saint Theodosia of Tyre lived during the III and IV centuries. Once, during a persecution against Christians, which had already lasted for five years, the seventeen-year-old Theodosia visited some condemned Christian prisoners in the Praetorium at Caesarea in Palestine. It was the day of Holy Pascha, and the Martyrs were speaking about the Kingdom of God. Saint Theodosia asked them to remember her when they appeared before the Lord.

When the soldiers saw that the girl had bowed to the prisoners, they seized her and led her before the governor, Urban. The governor urged the Saint to offer sacrifice to the idols, but she refused, professing her faith in Christ. Then she was subjected to cruel tortures; her sides and breasts were raked with iron claws until her bones were exposed. She endured this in silence with astonishing courage. Again Urban told her to sacrifice, but she mocked him saying: "Foolish man, why do you persist? Can you not see that I have received everything I prayed for, and that I am honored to share the fate of these Martyrs for Christ?"

After saying this, she was tormented even more severely than before. The holy virgin was cast into the sea with a stone tied around her neck, but Angels rescued her from the depths. Then they tossed her into the arena to be eaten by wild animals. Seeing that the beasts would not touch her, the soldiers beheaded her.



## THE SYNAXARION (Plain Reading)

On April 7 in the Holy Orthodox Church, we commemorate Martyr Kalliopios of Cilicia; and the repose of Tikhon, patriarch of Moscow and Enlightener of North America.

On this same day, the Third Sunday of the Fast, we keep the feast of the Veneration of the honorable and life-creating Cross.

Every hard and strenuous work is accomplished with great difficulty, which appears especially in the middle of such work; for the effort in this performance brings with it fatigue which makes the accomplishment of the rest difficult. Having arrived with God's grace at the middle of the Fast, our compassionate Mother—the Holy Orthodox Church—thought fit to reveal to us the Holy Cross as the joy of the world and power of the faithful to help us carry on the struggles of the divine Fast.

By its power, O Christ God, preserve us from the crafty designs of the evil one and account us worthy to worship Thy divine Passion and life-giving Resurrection, as we achieve the course of the Forty Days with ease, and have mercy on us, as Thou alone art good and the Lover of mankind. Amen.

## THE EPISTLE

**Priest:** Let us attend.

**Reader:** *O Lord, save Thy people and bless Thine inheritance. Unto Thee, O Lord, will I cry, O my God!*

**Reader:** **The Reading from the Epistle of St. Paul to the Hebrews. (4:14-5:6)**

Brethren, since we have a great High Priest, Who has passed through the heavens, Jesus the Son of God, let us hold fast the confession. For we do not have a High Priest Who is unable to sympathize with our infirmities, but one Who has been in all points tempted like as we are, yet without sin. Let us therefore draw near with boldness to the throne of grace, that we may receive mercy, and may find grace to help in time of need. For every high priest, being taken from among the people, is appointed on behalf of the people in things pertaining to God, that he may offer up both gifts and sacrifices for sins; who can have compassion on the ignorant and on those who are erring, since he himself also is encompassed with infirmity. Because of this he is bound, as for the people so also for himself, to offer up for sins. And no one takes the honor upon himself, but as being called by God, as was Aaron. So Christ also did not glorify Himself to become a High Priest, but it was by the One saying to Him, "Thou art My Son, today I have begotten Thee." As He says also in another place, "Thou art a Priest forever, according to the order of Melchizedek."

خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ.

إِلَيْكَ يَا رَبُّ أَصْرُخُ إِلَهِي.

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولْسِ الرَّسُولِ إِلَى الْعِبْرَانِيِّينَ.

يَا إِخْوَةَ، إِذْ لَنَا رَئِيسُ كَهَنَةٍ عَظِيمٍ قَدْ اجْتَاَزَ السَّمَاوَاتِ، يَسُوعُ ابْنُ اللَّهِ، فَلَنَنْتَمَسِّكَ بِالْإِعْتِرَافِ. لِأَنَّ

لَيْسَ لَنَا رَئِيسُ كَهَنَةٍ غَيْرُ قَادِرٍ أَنْ يَرْتَبِي لِأَوْهَانِنَا، بَلْ مُجَرَّبٌ فِي كُلِّ شَيْءٍ مِثْلَنَا مَا خَلَا الْخَطِيئَةَ. فَلْنَقْبَلِ

إِذَنْ بِثِقَةٍ إِلَى عَرْشِ النِّعْمَةِ، لِنَنَالَ رَحْمَةً وَنَجِدَ ثِقَةً لِلْإِغَاثَةِ فِي أَوَانِهَا. فَإِنَّ كُلَّ رَئِيسِ كَهَنَةٍ مُتَّخِذٍ مِنَ النَّاسِ

يُقَامُ لِأَجْلِ النَّاسِ فِيمَا هُوَ اللَّهُ، لِنُقَرِّبَ تَقَادِمَ وَدَبَائِحَ عَنِ الْخَطَايَا، فِي إِمْكَانِهِ أَنْ يُشْفِقَ عَلَى الَّذِينَ يَجْهَلُونَ

وَيَضِلُّونَ، لِكَوْنِهِ هُوَ أَيْضاً مُتَلَبِّساً بِالضُّعْفِ. وَلِهَذَا يَجِبُ عَلَيْهِ أَنْ يُقَرَّبَ عَنِ الْخَطَايَا لِأَجْلِ نَفْسِهِ كَمَا يُقَرَّبُ لِأَجْلِ الشَّعْبِ. وَلَيْسَ أَحَدٌ يَأْخُذُ لِنَفْسِهِ الْكِرَامَةَ، بَلْ مَنْ دَعَاهُ اللهُ كَمَا دَعَا هَارُونَ. كَذَلِكَ الْمَسِيحُ لَمْ يَمَجِّدْ نَفْسَهُ لِيَصِيرَ رَئِيسَ كَهَنَةٍ، بَلِ الَّذِي قَالَ لَهُ "أَنْتَ ابْنِي وَأَنَا الْيَوْمَ وَذَلِكَ." كَمَا يَقُولُ فِي مَوْضِعٍ آخَرَ "أَنْتَ كَاهِنٌ إِلَى الْأَبَدِ عَلَى رُتْبَةِ مَلَكِيصَادَق."

### GOSPEL

**Priest: The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)**

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَرْقُسِ الْإِنْجِيلِيِّ الْبَشِيرِ، وَالتَّمْلِيزِ الطَّاهِرِ.

قَالَ الرَّبُّ: مَنْ أَرَادَ أَنْ يَتَّبِعَنِي فَلْيَكْفُرْ بِنَفْسِهِ وَيَحْمِلْ صَلِيبَهُ وَيَتَّبِعَنِي، لِأَنَّ مَنْ أَرَادَ أَنْ يَخْلِصَ نَفْسَهُ يُهْلِكُهَا، وَمَنْ أَهْلَكَ نَفْسَهُ مِنْ أَجْلِي وَمِنْ أَجْلِ الْإِنْجِيلِ يَخْلِصُهَا. فَإِنَّهُ مَاذَا يَنْتَفِعُ الْإِنْسَانُ لَوْ رَجَّحَ الْعَالَمَ كُلَّهُ وَخَسِرَ نَفْسَهُ؟ أَمْ مَاذَا يُعْطِي الْإِنْسَانُ فِدَاءً عَنِ نَفْسِهِ؟ لِأَنَّ مَنْ يَسْتَحْيِي بِي وَبِكَلَامِي فِي هَذَا الْجِيلِ الْفَاسِقِ الْخَاطِئِ. يَسْتَحْيِي بِهِ ابْنُ الْبَشَرِ مَتَى أَتَى فِي مَجْدٍ أَمَّا مَعِ الْمَلَائِكَةِ الْقَدِيسِينَ. وَقَالَ لَهُمْ: الْحَقُّ أَقُولُ لَكُمْ، إِنَّ قَوْمًا مِنَ الْقَائِمِينَ هَهُنَا لَا يَذُوقُونَ الْمَوْتَ حَتَّى يَرَوْا مَلَكُوتَ اللَّهِ قَدْ أَتَى بِقُوَّةٍ.

### THE DOXASTICON FOR THIRD SUNDAY OF LENT IN TONE EIGHT

**Glory to the Father, and to the Son, and to the Holy Spirit.**

The Lord of all taught us by a proverb to run away from the haughtiness of the evil Pharisees; and instructed all not to exalt themselves in their opinions from duty, having Himself become a Symbol and an Exemplar, emptying Himself unto the Cross and death. Wherefore, with the publican, let us offer Him thanks, saying, O Thou Who didst suffer for our sakes and remained an unsuffering God, deliver us from sufferings and save our souls.

الْمَجْدُ لِلآبِ وَالْإِبْنِ وَالرُّوحِ الْقَدِيسِ.

إِنَّ رَبَّ الْكُلِّ، قَدْ عَلَّمَ بِمَثَلٍ بَأَنَّ نَهْرَبَ مِنْ شُمُوحِ الْفَرِيسِيِّينَ الْأَرْدِيَاءِ، وَأَدَبَ الْجَمِيعَ كَيْ لَا يَتَرَفَّعُوا بِأَرَائِهِمْ عَنِ الْوَاجِبِ، إِذْ صَارَ هُوَ نَفْسُهُ رَسْمًا وَنُمُودَجًا، وَأَفْرَعَ ذَاتَهُ حَتَّى إِلَى الصَّلِيبِ وَالْمَوْتِ. فَلَنزَفَعْ لَهُ الشُّكْرَ مَعَ الْعَشَارِ قَائِلِينَ: يَا مَنْ تَأَلَّمَ مِنْ أَجْلِنَا، وَلَبِثَ إِلَهًا غَيْرَ مَأْلُومٍ، نَجِّنَا مِنَ الْآلَامِ، وَخَلِّصْ نَفُوسَنَا.

### PRAYER OF ST. EPHRAIM THE SYRIAN

(WHICH IS SAID AT THE SERVICES DURING LENT)

O LORD AND MASTER OF MY LIFE, TAKE FROM ME THE SPIRIT OF SLOTHFULNESS, FAINT HEARTEDNESS, LUST OF POWER AND IDLE TALK.

BUT GIVE ME RATHER THE SPIRIT OF

CHASTITY, HUMILITY, PATIENCE AND LOVE TO THY SERVANT.

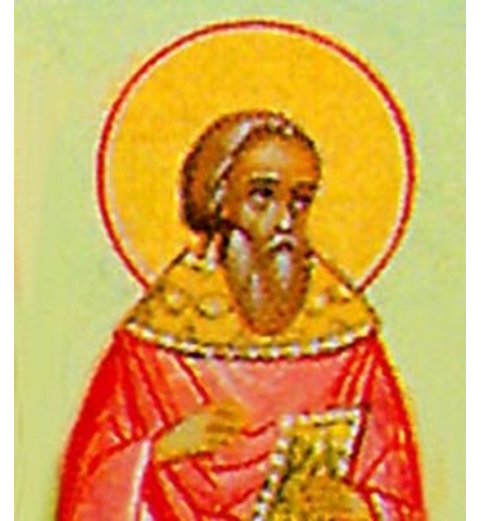
YES, O LORD AND KING, GRANT ME TO SEE MY OWN SINS AND NOT TO JUDGE MY BROTHERS, FOR YOU ARE BLESSED UNTO AGES OF AGES. AMEN.

### Venerable Titus the Wonderworker

Commemorated on [April 2](#)

From his youth Saint Titus the Wonderworker displayed zeal for the monastic life. He labored in asceticism in the IX century at the Studion Monastery near Constantinople. By his fasting, and meek disposition, Saint Titus gained the love of the brethren, and at their request he was ordained as a Hieromonk.

His soul was filled with fervent love for God and for his neighbor. As the Lord had said to His disciples, "My food is to do the will of him who sent me, and to accomplish his work" (John 4:34). So it was with Saint Titus. His food was to do the will of the heavenly Father in every way, and to utilize his life for the moral and spiritual building of his brethren (I Corinthians 3:9). Because of the purity of his soul and his virtuous life, God rewarded him with the gift of working miracles. Thus, he became the Spiritual Father of many laymen and monks who received benefit from his advice.



Saint Titus defended the Orthodox veneration of the Holy Icons during the Iconoclastic persecution, remaining steadfast in the Faith until the end of his life, then he departed to the Lord.

### Virgin Martyr Theodora of Tyre

Commemorated on [April 2](#)

Saint Theodora came from Tyre in Phoenicia. When she was seventeen years of age, she was brought before Urban, the ruler of Palestine, who asked her if she really believed in Christ. With remarkable courage, the holy virgin confessed that she truly believed. Then they flayed her sides and her breasts. Afterward, they threw her into the sea, where she surrendered her soul to God, thereby receiving a martyr's crown.

Saint Nikódēmos of the Holy Mountain thought it very likely that this Saint is the same as Saint Theodosia (May 29), because their Lives are almost identical.