

ARABIC COOKING CLASSES 2024

PRESENTED BY:
THE ANTIOCHIAN WOMEN OF ST. ELIAS ORTHODOX CHURCH

**THE CLASSES WILL BE OFFERED TUESDAY EVENINGS: OCTOBER 1, 8, 15, 22, 29
6-8 PM**

Cost is \$35 per class or \$140 for all 5 classes (5th class is FREE!)

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- October 1- KEFTA/KABAB SANDWICH (ground beef, onions, parsley, spices)
- October 8- BAKLAWA- PISTACHIO & WALNUT (layers of phyllo, filled with nuts, cinnamon, topped with simple syrup)
- October 15- KIBBEH (ground beef, bulgar wheat, onions, spices), Tabouleh & Cucumber Salad
- October 22- KNAFEH (shredded phyllo flayered with sweet cheese, topped with simple syrup)
- October 29- MNAZALEH (layered eggplant with tomato & ground beef served over rice)

Name _____

Address _____

Phone _____

Email _____

Indicate the class you are registering for and make check payable to:

The Antiochian Women of St. Elias Church and mail to:
Cooking Classes, 4988 Onondaga Rd, Syracuse, NY 13215.

You may also pay by
cash, check or credit
card at the door.

For more information or to register by phone, please call Maha at 315-440-8458.